



### Carry a Patient Up or Down Stairs Practical

**DIRECTIONS:** Review Carry a Patient Up or Down Stairs video in HILT U. Mark whether the candidate completed the task correctly or incorrectly.

Task	Correct	Incorrect	Notes
<b><u>Load a patient onto the HILT</u></b>			
Loaded and stabilized the patient onto a shortened HILT using the Lift and Carry a Supine Patient steps.			
Loaded and stabilized the patient onto a full length HILT using the Lift and Carry a Supine Patient steps.			
<b><u>Shortened HILT with at least three team members</u></b>			
Deployed the 2 <sup>nd</sup> and middle sets of extenders near the patient’s knees/waist.			
Lifted the patient with one patient attendant at each side of the patient’s thighs and one patient attendant at the patient’s head.			
Safely carried the patient up and down a set of stairs.			
Used correct lifting technique to minimize injury exposure to self.			
Lifted the patient in unison with team lift.			
Lowered the patient safely.			
<b><u>Shortened HILT with at least four team members</u></b>			
Deployed the 1 <sup>st</sup> and 2 <sup>nd</sup> sets of extenders at the patient’s head/chest and 2 <sup>nd</sup> and middle sets of extenders near the patient’s knees/waist.			
Lifted the patient with one patient attendant at each side of the patient’s thighs and one patient attendant at each side of the patient’s chest.			
Safely carried the patient up and down a set of stairs.			
Used correct lifting technique to minimize injury exposure to self.			
Lifted the patient in unison with team lift.			

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Carry a Patient Up or Down Stairs**

Lowered the patient safely.			
<b>Full length HILT with at least four team members</b>			
Deployed the 1 <sup>st</sup> and 2 <sup>nd</sup> sets of extenders at both ends of the patient.			
Lifted the patient using deployed extenders.			
Safely carried the patient up and down a set of stairs.			
Used correct lifting technique to minimize injury exposure to self.			
Lifted the patient in unison with team lift.			
Lowered the patient safely.			

Evaluator Name: \_\_\_\_\_

Date: \_\_\_\_\_